

# „Keep your head up” by Mihaela

Keep your head up my father would say. Sometimes, that's the only thing you can do for yourself.

Keep your head up, keep your head above the water, even in the clouds if it's necessary. Now that you are among the mountains, it is easier to do so.

Now you are here,

A hero is a man of courage, a lion-hearted woman that now understands: at times, the bravest act you can do is stay still. And breath, and rest. And let the others lead the way.

When Eurydice fell into the land of the dead, it was Orpheus that guided her back to the world of light. That's what we are to each other, sometimes Euridyce, sometimes Orpheus.

A hero is both. Still and in motion. You cannot see the light at the end of the tunnel, it is getting dark very soon now. Spring however, is just around the corner, so is light.

Just don't forget, keep your head up, above the water, or up in the sky. Sometimes we are up, sometimes we are down. The mountain is an immense clock but what a beautiful time to be alive.